### ECMT brings experts and physicians together High level medical training programs

In partnership with

## Medtronic

#### **Course Directors**

- Prof. Fiorella Contarino, The Hague, The Netherlands
- Prof. Robert Jech, Prague, Czech Republic

#### Faculty March 17

- Prof. Andrea Kühn, Berlin, Germany (virtual)
- Dr. Michael Schüpbach, Bern, Switzerland
- Prof. Martijn Beudel Amsterdam, The Netheralnds
- Gaetano Leogrande, MSc, Maastricht, The Netherlands

#### Accreditation

An application for accreditation has been submitted with RIZIV in Belgium:

March 17: ID25001920 March 27: ID25001923 March 28: ID25001925

#### Target audience

- Neurologists or residents involved in the patient pathway from planning to follow-up care wishing to deepen their knowledge and skills related to programming and wanting to understand the newest programming strategies and technologies
- Specialized DBS nurses, involved in DBS programming and patient care
- Multi-disciplinary teams of neurologist and nurses, especially to foster the multidisciplinary approach to patient care

Venue March 27 Carlton Ambassador Hotel Sophialaan 2 2514 JP The Hague The Netherlands

On-site assistance Tamara Franssen

### **Deep Brain Stimulation**

### Fundamental Programming Academy

Getting a sense of what is possible with programming for **Movement Disorders** 

March 17 and 27 & 28, 2025 The Hague, The Netherlands

At the end of this course, participants will be able to understand how to optimize symptom relief with minimal side effects through basic programming with an emphasis on sensing programming options

## Agenda Virtual introduction Monday March 17, 2025

\* All times mentioned are in CET (UTC+1)

17:30 Welcome

Prof. Contarino & Prof. Jech

17:35 Introduction of Faculty

Prof. Contarino & Prof. Jech

17:40 Live Survey

Prof. Contarino

17:50 Patient selection Parkinson's Disease: Selection criteria, case-based presentation Dr. Schüpbach

Live Q&A session 18:10

18:15 Patient selection Dystonia: Selection criteria, case-based presentation Prof. Kühn

18:35 Live Q&A session

18:40 Patient selection Tremor: Selection criteria, case-based presentation Prof. Contarino

19:00 Live Q&A session

19:05 Live Ouiz Prof. Contarino & Prof. Jech

Introduction to E-learning and How to prepare for presentation in Prague

19:20 Prof. Jech

19:25 Case example Prof. Jech

19:30 Closing remarks & End of virtual introduction Training will be continued in face-to-face setting on March 27 & 28, 2025

#### **ECMT European Continuing Medical Training**



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#### Venue March 27

Carlon Ambassador Hotel Sophialaan 2 2514 JP The Hague The Netherlands

#### Venue March 28

Haga ziekenhuis Den Haag Els Borst-Eilersplein 275 2545 AA The Hague The Netherlands

## Agenda in-person training Thursday March 27, 2025

#### Registration & lunch buffet in meeting room

- 13:00 Welcome and course introduction: Goals and Expectations Prof. Contarino & Prof. Jech
- 13:15 Introduction of Participants
- 13:45 Around the world of DBS programming: the basics (25' presentation and 5' discussion)

G. Leogrande, MSc.

- what is the effect of changing the different parameters (pulse width vs. frequency), concepts of constant-current and constant-voltage, what is VTA, impedance, etc.
- 14:15 Understanding the basics of programming: Clinical aspects on Parkinson's Disease (25' presentation and 5' discussion)

Prof. Jech

- Basic steps, initial programming, long-term programming. Lecture will include references to anatomy and will cover medication adjustment correlated with programming
- 14:45 Afternoon break
- 15:15 Understanding the basics of programming: Clinical aspects on Dystonia (25' presentation and 5' discussion)

Dr. Schüpbach

- Basic steps, initial programming, long-term programming. Lecture will include references to anatomy and will cover medication adjustment correlated with programming
- 15:45 Understanding the basics of programming: Clinical aspects on Tremor (25' presentation and 5' discussion)

Prof. Contarino

- Basic steps, initial programming, long-term programming. Lecture will include references to anatomy and will cover medication adjustment correlated with programming
- 16:15 Group discussion
- 16:30 Local field potentials: The Basics & Clinical experiences with Sensing (25' presentation and 5' discussion)

Dr. Beudel

- what is Beta, correlations, existing data
- what can we do/see with sensing in real life
- 17:00 Group discussion
- 17:15 Programming cases presented by Participants

  please kindly submit your case before March 25 and send to info@ecmt-training.com
- 18:00 End of program day 1
- 19:15 Departure for group dinner
- 19:30 Group dinner

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### Friday March 28, 2025

- 08:30 Welcome and wrap-up of day 1 Prof. Contarino & Prof. Jech
- **08:45** Image guided programming Prof. Jech
- 09:05 Sensing Workflow (15' presentation and 5' discussion)
  Prof. Contarino
- 09:25 Around the world of DBS programming: new features (15' presentation and 5' discussion)
  - G. Leogrande, MSc.
  - Multiple frequencies, personalized shape of stimulation field, display vs. delivered amplitude, what is interleaved, real and apparent current, current spread with directional leads, when is better to use an option rather than another, adaptive DBS
- 09:45 Group discussion
- 10:00 Morning Break

Break-out session: Practical programming & Troubleshooting workshop Participants will be split in 2 groups, 2 x 1h rotation

- 10:30 Case-based (advanced feature) hands-on programming workshop:
  - from basic to new features of programming
  - brainsense
  - All Faculty
- 11:30 Rotation, change of groups in break-out rooms

Break-out session: Practical programming & Troubleshooting workshop Participants will be split in 2 groups,  $2 \times 1$ h rotation

- 11:45 Case-based (advanced feature) hands-on programming workshop:
  - from basic to new features of programming
  - brainsense
  - All Faculty
- 12:45 Lunch Break
- 13:40 Concepts behind adaptive DBS and a perspective into future applications (15' presentation and 5' discussion)
  - Dr. Beudel
- 14:00 Post-operative management
  - Prof. Jech
- 14:20 Programming cases presented by Participants please kindly submit your case before March 25 and send to info@ecmt-training.com
- 15:00 Group discussion with refreshments
- 15:15 Challenging case discussion and sensing related questions (cases from Faculty or additional participant cases i.a.)
- 15:35 Final Quiz, Conclusion & Adjourn Prof. Contarino & Prof. Jech
- 16:00 End of training

#### **ECMT European Continuing Medical Training**